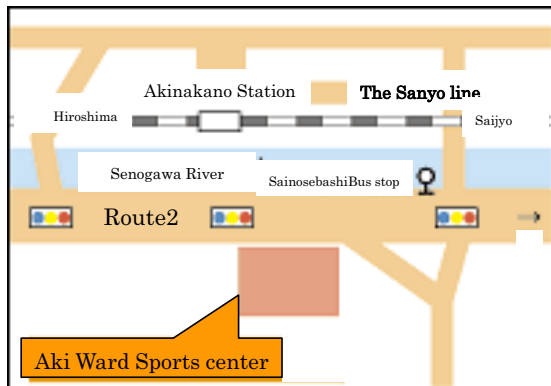


Hiroshima City Aki Ward Sports Center 安芸区スポーツセンター



- Take the Sanyo Line to Akinakano. Walk for 7 minutes.
- Take a Geiyo Bus bound for Nakanohigashi or Saijo (Hiroshima Station No.12 or Hiroshima Buscenter No.5). Get off at Sainosebashi. Walk for 3 minutes.
- Take a Geiyo Bus bound for Hiroshima Bus Center Port (via Ikkanda). Get off at Sainosebashi. Walk for 3 minutes.

〒739-0323 Hiroshima-shi, Aki-ku, Nakanohigashi, 2-3-1
 TEL: (082) 893-1998
 FAX: (082) 893-1857
 Homepage: <http://www.sports-or.city.hiroshima.jp/>

Hours

9:00AM – 9:00PM
 8:30AM – 9:30PM (June- September)

Closed

Wednesday, August 6, December 28 – January 4

For Individual Use

Please pay at the registration desk.

For Exclusive Use The required forms must be submitted within the defined application period. The period begins 3 months before the applicant wishes to use the facilities and ends on the 10th of the month before the usage date.

For Everyone's Enjoyment of the Facilities

- Observe facility hours.
- Wear appropriate workout attire.
- Outdoor shoes cannot be worn in the building. Please bring indoor shoes.
- Be respectful of the Center's equipment and use it properly.
- Clean the equipment you've used and return everything to its proper place.
- Eat and drink only in designated areas.
- Take all your own garbage home with you.
- The Sports Center is not responsible for accidents or theft in the building and parking areas. Please take appropriate precautions.
- Those under the influence of alcohol will be refused entry.
- Those causing trouble or disrespecting others may be asked to leave.
- No smoking in the building, except in designated areas.

Fees

Category	Individuals: single-use		Individuals: book of single-use tickets (11)		Exclusive Use: per hour	
	Child	Adult	Child	Adult	Child	Adult
Large Gymnasium	¥150	¥260	¥1,500	¥2,600	¥3,390	¥5,950
Small Gymnasium	¥150	¥260	¥1,500	¥2,600	¥1,130	¥1,970
Training Room	¥310	¥540	¥3,100	¥5,400		
Swimming Pool	¥240	¥480	¥2,400	¥4,800		
Tennis Court					¥260	¥500
Conference Rooms 1 & 2					¥440 per room	
Locker	¥100 per locker					

Training Room Registration

To increase basic physical strength, and build muscle and stamina, it is important to train with repetition and endurance following a fitness program that meets the varying needs of age and strength. For those that feel out of shape lately, we have a support staff of specialists to ease your worries.

[Entrance Restriction] Those over age 15 (junior high school students excluded)

[Fees] Please pay every time you use the facilities.

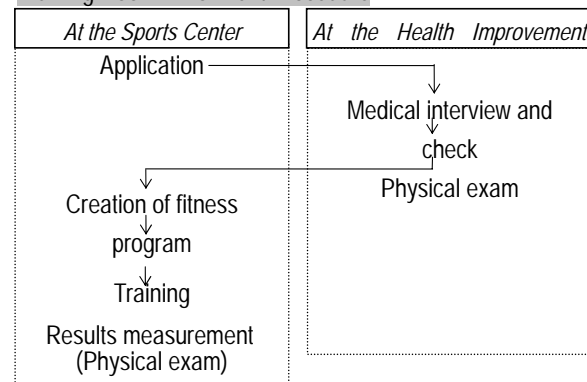
Separate payment is necessary for the medical check.

[Enrollment Period] One year from the day of registration

Now Accepting Training Room Applicants!

We support your results-oriented shape-up and bulk-up.

Training Room Enrollment Procedure



Facility Outline

- Opened: May 19, 1984
- Lot Area: 11,243m²
- Total Floor Area: 6,607m²
- Construction: reinforced concrete
- Total Project Expenses: 3.17 billion yen
- Parking Capacity: 109

First Floor

Parking
 Training Room
 Swimming Pool
 Men's & Women's Locker rooms
 Conference Rooms
 Office/Kiosk
 First Aid Room
 Lounge
 Vending Machines

Second Floor

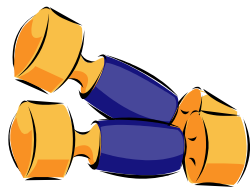
Large Gymnasium
 Vending Machines

Third Floor

Pull-Out Seating for Large Gymnasium

Underground

Small Gymnasium
 Men's & Women's Toilets



First Floor

Training Room 435.39m²
 4 Treadmills
 8 Aerobikes
 Weight machines
 Free weights
 Relaxation machines
 Fitness measurement equipment

Swimming Pool 25m x 6Lanes
 Small Pool

Conference Rooms 143m²
 2 Rooms (capacity per room: 30 people)
 Room-adjointing capability

Parking First 48 cars Second 61cars

Second Floor

Large Gymnasium 1,564m² (46mx34m)
 3 Volleyball courts
 2 Basketball courts
 10 Badminton courts
 Table tennis, *mini-tennis*

Pull-Out Seating
 504 Seat capacity

Pool Stand
 60 Seat capacity

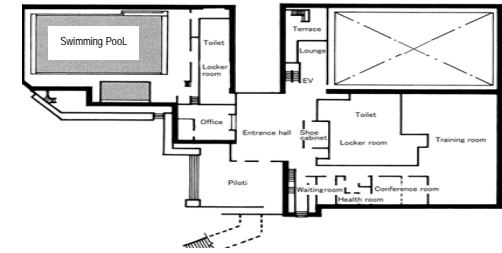
Third Floor

Pull-Out Seating
 480 Seat capacity

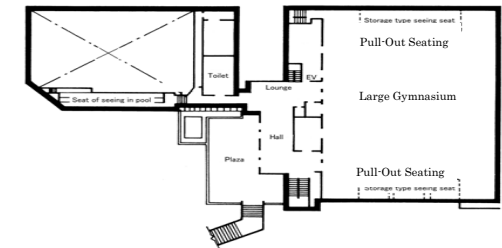
Underground

Small Gymnasium 640m² (32mx20m)
 1 Volleyball court
 1 Basketball court
 3 Badminton courts
 Table tennis, *mini-tennis*

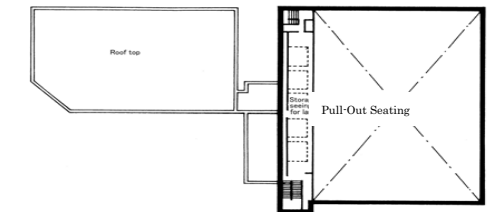
First Floor



Second Floor



Third Floor



Underground

