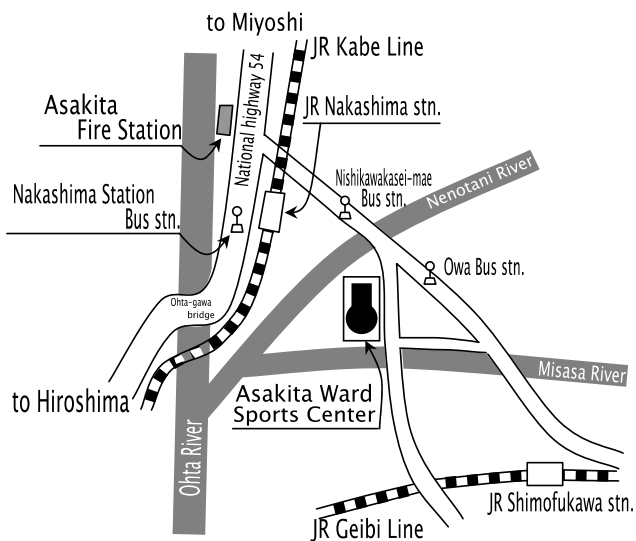


Hiroshima City Sports Association
Hiroshima City
 Asakita Ward Sports Center



- Take a Hiroshima Bus bound for Kabe , Toyodai and Obayashi(via Fukawa). Get off at Owa. Walk for 5 minutes.
- Take a Hiroshima Bus bound for Kabe , Katsugi and Obayashi(via National highway 54).Get off at

Nakashima station. Walk for 15 minutes.

- Take a Hiroshima Bus bound for Hiroshima Bus terminal station(via Fukawa).Get off at Nishikawakasei-mae. Walk for 5 minutes.
- Take a Japan railroad bound for Miyoshi(Geibi line).Get off at Shimofukawa. Walk for 15 minutes.
- Take a Japan railroad bound for Kabe(Kabe line).Get off at Nakashima. Walk for 15 minutes.

2-50-1 Fukawa, Asa-kita-ku, Hiroshima 739-1751
 TEL: (082) 843-4999
 FAX: (082) 843-4998
 Homepage: <http://www.sports-or.city.hiroshima.jp/>

Hours

9AM - 9PM
 ※Summer Time(Jul to Sep) 8:30AM - 9:30PM

Closed

Wednesdays, August 6, December 28 - January 4

For Individual Use

Please pay at the registration desk.

For Exclusive Use

The required forms must be submitted within the defined application period. The period begins 3 months before the applicant wishes to use the facilities and ends on the 10th of the month before the usage date.

For Everyone's Enjoyment of the Facilities

- Observe facility hours.
- Wear appropriate workout attire.
- Outdoor shoes cannot be worn in the building. Please prepare indoor shoes.
- Be respectful of the Center's equipment and use it properly.
- Clean the equipment you've used and return everything to its proper place.
- Eat and drink only in designated areas.
- Take all garbage with you.
- The Sports Center is not responsible for accident or theft in the building and parking areas. Please take appropriate

precautions.

- Those under the influence of alcohol will be refused entry.
- Those causing trouble or disrespecting others may be asked to leave.
- No smoking in the building, except in designated areas.
- Not all the instruments can be used for elementary and junior high school students.
- You need indoor shoes in this institution.
- Small children of 3 years and over have to use the small pool with their guardians in swimsuit.(To two children for each guardian.)
- Those who are not sure of swimming have to swim in the red spot.
- To keep the water quality,please put on swimming cap and take off your makeup and hairdressing in the shower.
- You must not bring any playthings and precious metals.
- For further information,please ask the attendants.

Fees

| Category | Individuals: single-use | | Individuals: book of single-use tickets (11) | | Exclusive Use: per hour | |
|------------------------|-------------------------|-------|--|--------|-------------------------|--------|
| | Child | Adult | Child | Adult | Child | Adult |
| Large Gymnasium | ¥150 | ¥260 | ¥1,500 | ¥2,600 | ¥3,390 | ¥5,950 |
| Small Gymnasium | ¥150 | ¥260 | ¥1,500 | ¥2,600 | ¥1,130 | ¥1,970 |
| Training Room | ¥310 | ¥540 | ¥3,100 | ¥5,400 | | |
| Indoor Pool | ¥240 | ¥480 | ¥2,400 | ¥4,800 | | |
| Conference Rooms 1 & 2 | | | | | ¥440 per room | |
| Locker | ¥100 per locker | | | | | |

Training Room Registration

To increase basic physical strength, and build muscle and stamina, it is important to train with repetition and endurance according to a fitness program that meets the varying needs of age and strength. For those that feel out of shape lately, we have a support staff of specialists to ease your worries.

Facility Outline

- Opened: March 21, 1992
- Construction: Partly steel framed reinforced concrete 2
- Site Area: 19,019.56m²
- Total Floor Area: 9,393.88m²
- Capacity: 1,796 persons
- Parking Capacity: 319

First Floor

- Parking
- Large Gymnasium
- Small Gymnasium
- Indoor Pool
- First Aid Room
- Men's & Women's Changing Rooms, Toilets
- Office
- Information
- Lounge/Kiosk
- Vending Machines

Second Floor

- Training Room
- Conference Rooms(2)
- Indoor Running Course
- Men's & Women's Changing Rooms, Toilets
- Vending Machines

First Floor

- Large Gymnasium 1,824m²(48m×38m)
- 3 Volleyball courts
- 2 Basketball courts
- 10 Badminton courts
- Table tennis, Gymnastics etc



- Small Gymnasium 640m²(32m×20m)
- 1 Volleyball courts
- 1 Basketball courts
- 4 Badminton courts
- Table tennis, Gymnastics etc



- Indoor Pool 350m²(25m×14m)
- Large Pool(25m×6course)
- 1.2m-1.35m deep



- Small Pool(8.5m×4.0m)
- 0.6m deep



Second Floor

- Training Room
- 4 Treadmills
- 6 Aerobikes
- Weight machines
- Free weights
- Relaxation machines
- Fitness measurement equipment



- Conference Rooms
- 2 Rooms(capacity per room: 30 people)
- Room-adjoining capability



- Running Course(atop the Large Gymnasium)
- 1 lap=200m

- Large Gymnasium Audience Seats
- 1,798 Seat capacity

- Pool Audience Seats
- 72 Seat capacity