

Hiroshima City Sports Association  
**Hiroshima City**  
**Asaminami Ward Sports Center**

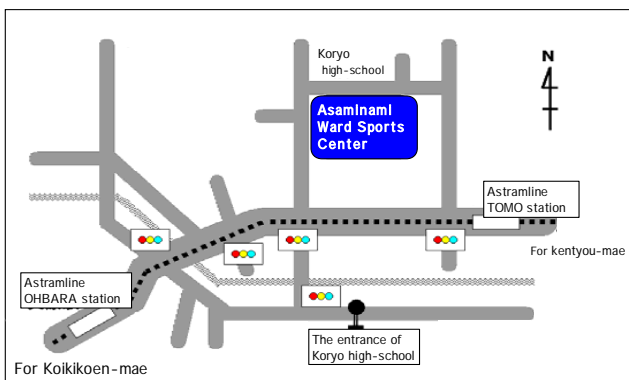


**Address**

4720-1 Tomo, Numata-cho, Asaminami-ku, Hiroshima  
 731-3161  
 TEL: (082) 848-2411  
 FAX: (082) 848-2432  
 Homepage: <http://www.sports-or.city.hiroshima.jp/>

**Access**

- Take a Hiroden Bus bound for Univ. Hiroshima-city. And get off the entrance of Koryo high-school.
- Take Astramline bound for Koikikoen-mae. And get off Tomo station. It takes about 8 minutes by foot from there.



**Hours**

9AM – 9PM ( 8:30AM – 9:30PM July to Sep)

**Closed**

Every Tuesday, August 6, December 28 – January 4

**For Individual Use**

Please pay at the registration desk.

**For Exclusive Use**

The required forms must be submitted within the defined application period. The period begins 3 months before the applicant wishes to use the facilities and ends on the 10<sup>th</sup> of the month before the usage date.

**For Everyone's Enjoyment of the Facilities**

- Observe facility hours.
- Wear appropriate workout attire.
- Outdoor shoes cannot be worn in the building. Please prepare indoor shoes.
- Be respectful of the Center's equipment and use it properly.
- Clean the equipment you've used and return everything to its proper place.
- Eat and drink only in designated areas.
- Take all garbage with you.
- The Sports Center is not responsible for accident or theft in the building and parking areas. Please take appropriate precautions.
- Those under the influence of alcohol will be refused entry.
- Those causing trouble or disrespecting others may be asked to leave.
- No smoking in the building, except in designated areas.
- You can use it for swimming or walking in water. Every season be open. Child for over 3years old. Child in kinder garden must play with your parent. You must get on swimming cap and swimming suit or swimming trunks. You can't bring any items without it.
- In case you use tennis court. You must make a reservation within the period. period ; before 2weeks ~

**List of charge**

Category	Individuals: single-use		Individuals: book of single-use tickets (11)		Exclusive Use: per hour	
	Child	Adult	Child	Adult	Child	Adult
Large Gymnasium	¥150	¥260	¥1,500	¥2,600	¥3,390	¥5,950
Small Gymnasium	¥150	¥260	¥1,500	¥2,600	¥1,130	¥1,970
Gymnasium of Judo or Kendo	¥150	¥260	¥1,500	¥2,600	¥1,130	¥1,970
Playground of Kyudo	¥150	¥260	¥1,500	¥2,600	¥2,260	¥3,970
Indoor Pool	¥240	¥480	¥2,400	¥4,800	¥4,970	¥9,940
Tennis Court					¥260	¥500
Training Room	¥310	¥540	¥3,100	¥5,400		
Conference Room					¥440	
Locker	¥100 per locker					

**Training Room Registration**

To increase basic physical strength, and build muscle and stamina, it is important to train with repetition and endurance according to a fitness program that meets the varying needs of age and strength. For those that feel out of shape lately, we have a support staff of specialists to ease your worries.



## Facility Outline

### First Floor

Office  
 Large Gymnasium  
 Small Gymnasium  
 Play Ground of Kyudo  
 Indoor Pool  
 Training Room  
 Men's & Women's Changing Rooms, Toilets  
 Conference Rooms  
 First Aid Room

### Second Floor

Gymnasium of Judo or Kendo  
 Men's & Women's Changing Rooms, Toilets  
 Lounge/Kiosk  
 Vending Machines

### Tennis Court

### Parking

### First Floor

**Large Gymnasium** 1,530m<sup>2</sup> (45mx34m)

3 Volleyball courts  
 2 Basketball courts  
 10 Badminton courts  
 Table tennis, *mini-tennis*

### Pull-Out Seating

359 Seat capacity



**Small Gymnasium** 640m<sup>2</sup> (32mx20m)

1 Volleyball court  
 1 Basketball court  
 4 Badminton courts  
 Table tennis, *mini-tennis*



**Indoor Pool** 350m<sup>2</sup> (25mx14m)

Large Pool (25mx6 course) 0.8m-1.4m deep  
 Small Pool (10mx4.5m) 0.6m deep



**Play Ground of Kyudo**

Short(28m)



Long(60m)



**Training Room**

6 Treadmills  
 8 Aerobikes  
 Weight machines  
 Free weights  
 Relaxation machines  
 Fitness measurement equipment



**Conference Rooms** 66m<sup>2</sup>

1 Rooms  
 (capacity per room: 40 people)



### Second Floor

**Gymnasium of Judo or Kendo** 450m<sup>2</sup> (30mx15m)

Judo court (15mx15m)  
 Kendo court (15mx15m)



### Tennis Court

1 tennis court (Clay court)



### Parking

Parking Capacity : 140

