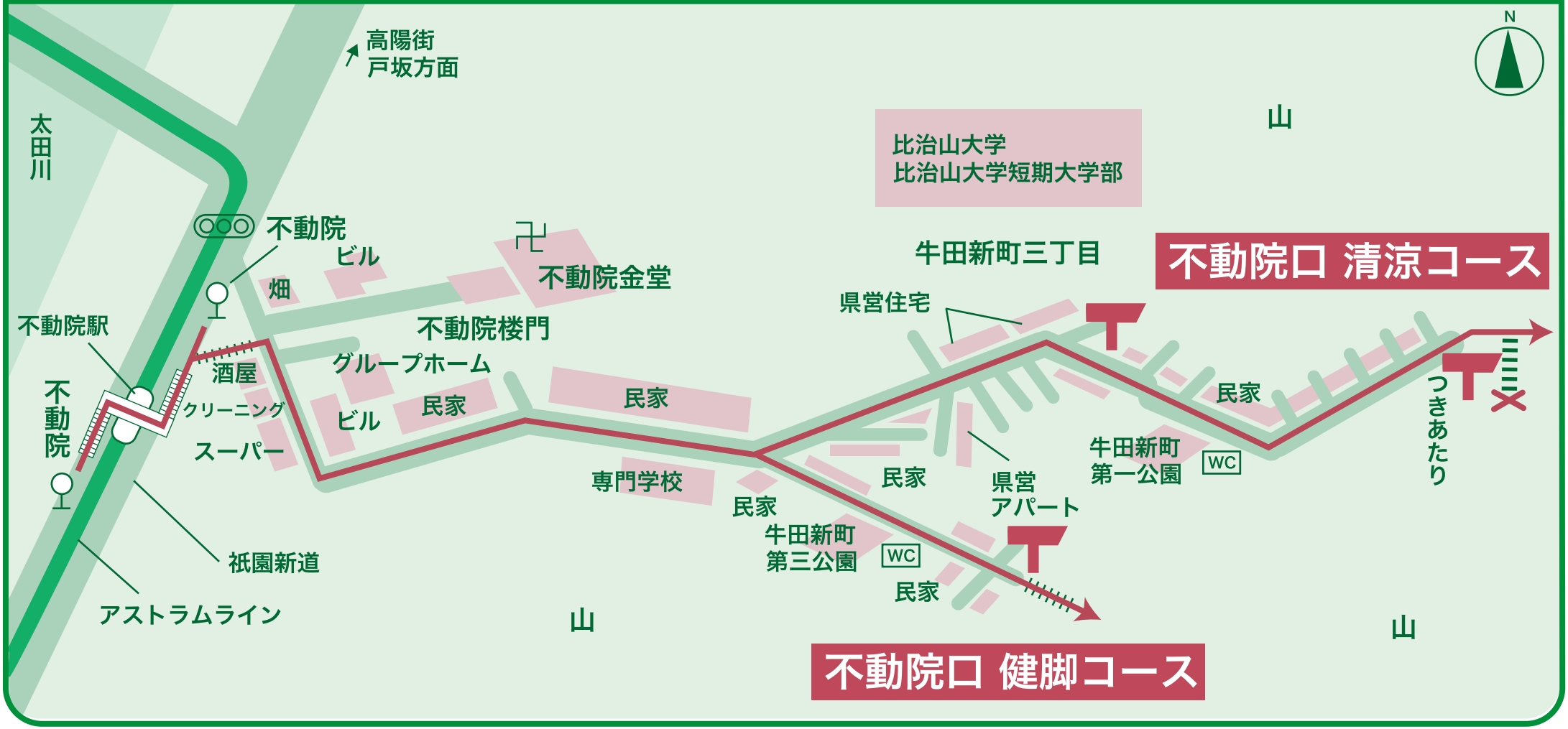牛田山　不動院口　清涼コース・健脚コース