





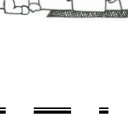



## Important: School Lunches and Fee Payment

The City of Hiroshima serves school lunches as part of education carried out in schools.

### 1) Our Objectives for School Lunches








1. Promote and maintain good health through appropriate nutrition
2. Promote correct understanding of meals in day-to-day life, foster the good judgment needed to maintain a wholesome diet, and encourage desirable eating habits
3. Enrich students' school experience, fostering a lively social life and community spirit
4. Deepen understanding that our food is dependent on nature to foster a spirit of respect for life and nature, as well as willingness to contribute to protection of the environment
5. Deepen understanding that our food is the product of the work of a range of people involved in food, and foster respect for their hard work
6. Deepen understanding of the superb traditional food culture of Japan and its various regions
7. Facilitate correct understanding about the production, distribution and consumption of food




### 2) Menu Planning

**Carbohydrate**




**Rice**  
Served four times a week.  
We use Hiroshima Prefecture rice.

**Bread**  
Served once a week.





**Milk**



Every meal includes 200ml of milk. Milk is high in easily absorbed calcium, making it an important source of this nutrient.

**Other Dishes**

The basic format is a main dish and a side dish. We aim to keep a good balance of cooking methods (e.g. stewing, deep-frying, pan-frying, salads). We try to include food linked to holidays, local food, and food from other cultures such as from our Sister and Friendship Cities, and food marking the changing seasons.



### 3) Applying for School Lunches

To receive school meals, you must first submit an Application for School Lunches. This form is valid as long as the information you provide remains up to date and your child is enrolled at a municipal school. If your child has not attended a Hiroshima City municipal school before junior high, or they did attend one but will be starting school lunches while at junior high\*, please submit one form for each child to the school they attend.\*

\*If you submitted a form while your child attended a municipal elementary school, then you do not need to resubmit it.

### 4) School Lunch Fees

#### 1. Fees

Fees paid by parents and guardians are used to pay for the ingredients used in meals. Other necessary costs (salaries, utility bills, and facility upkeep) are paid for by the City of Hiroshima.

## 2. Payment amounts and deadlines

**Cost per meal:** Junior high school, Hiroshima Municipal Secondary School (first three years), special needs school junior high and high school divisions: **300 yen**

The payment amount is calculated for each grade of each school, based on the planned number of school lunch days in the year. You will pay this in 10 installments (June to March). In principle, the payment deadlines are as outlined below, but if a date falls on a weekend or holiday, the deadline will be the financial institution's next working day.

We inform parents and guardians of each school year's payment amount and deadlines in June.

Period	1	2	3	4	5
<b>Deadline</b>	Last day of June	Last day of July	Last day of August	Last day of September	Last day of October
Period	6	7	8	9	10
<b>Deadline</b>	Last day of November	January 4	Last day of January	Last day of February	Last day of March

**E.g.:** An junior high school student with 195 planned school lunch days

➤ Planned fees for the year:  $¥300 \times 195 \text{ days} = ¥58,500$

➤ Amount to be paid:  $¥58,500 \div 10 \text{ payments} = ¥5,850 \approx ¥5,900$  (rounded up to the nearest ¥100)

For Periods 1 to 9: ¥5,900 For Period 10:  $¥58,500 - (¥5,900 \times 9 \text{ payments}) = ¥5,400$

**Note 1:** The number of planned days varies with school and school year.

**Note 2:** If the number of planned days changes (e.g. due to a cancelled event), the amount to be paid for Period 10 will be adjusted accordingly. We will notify you of the new amount in March.

## 3. Fee Payment Method

In principle, payments should be made by direct debit. Please set up a direct debit as follows. (The City of Hiroshima will cover direct debit fees.)

**If a) your child has not attended a municipal school before junior high or b) your child did attend a municipal school, but you have not filed the paperwork for direct debits for school lunch fees or the Japan Sport Council Mutual Aid Premium:** Please complete and submit a School Lunch Fee and Japan Sport Council Mutual Aid Premium Direct Debit Form (application form for automatic bank transfers) **to a financial institution no later than your child's entrance ceremony.**

**Note 1:** You do not need to resubmit the forms if you submitted them while your child previously attended a Hiroshima City municipal elementary school.

**Note 2:** You must submit one Direct Debit form per child.

**Note 3:** As it will take around two months from your submitting the form to complete the direct debit setup process, we may initially ask you to pay with payment slips if the form isn't submitted by the date of the entrance ceremony.

**Note 4:** If a payment fails (e.g. due to insufficient funds), we will not reattempt the direct debit. We will send a collection letter (with a payment slip attached) to your home. Please use this to make the payment at a convenience store or financial institution.

**Note 5:** In principle, if you are receiving financial support such as public welfare or school expense subsidies, you do not have to pay school lunch fees, as they will be paid from these services.

However, if you stop receiving support, you will need to start paying by direct debit. So that we are ready to quickly change your payment method, please submit the form even if you are receiving support.

If your application for school expense subsidies has not yet been approved, you still need to pay for school lunch fees, and so you are also asked to submit the form.

### Financial institutions (31) that can be used for direct debit

<b>Banks</b>	Hiroshima, Momiji, Mizuho, MUFJ, Resona, SMBC, Yamaguchi, Saikyo, Chugoku, San'in Godo, Tottori, Shikoku, Ehime, Hyakujushi, Iyo, Fukuoka, Nishi-Nippon City, Japan Post		
<b>Trust Banks</b>	Mizuho, SMBC, MUFJ	<b>Credit Unions</b>	Hiroshima, Kure
<b>Credit Associations</b>	Hiroshima Prefecture, Hiroshima City, Shogin, Chogin-Nishi	<b>Agricultural Cooperatives</b>	Hiroshima City, Aki
<b>Other</b>	Chugoku Rokin, Hiroshima Prefectural Fisheries Cooperative (JF Marine Bank Hiroshima)		

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