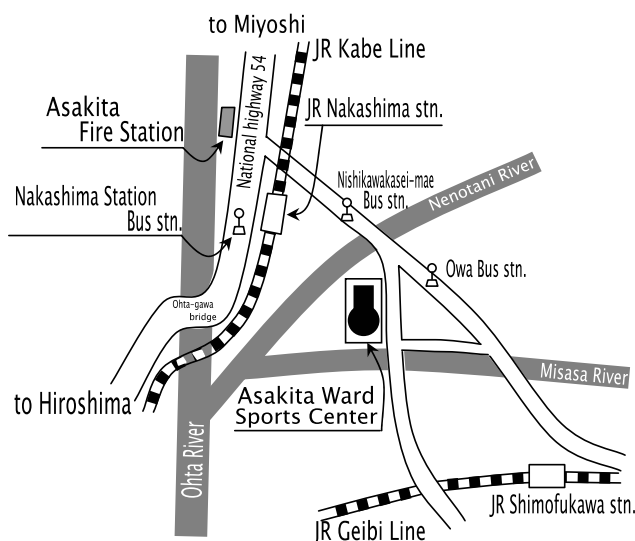


Hiroshima City Sports Association
Hiroshima City
 Asakita Ward Sports Center



- Take a Hiroshima Bus bound for Kabe , Toyodai and Obayashi(via Fukawa). Get off at Owa. Walk for 5 minutes.
- Take a Hiroshima Bus bound for Kabe , Katsugi and Obayashi(via National highway 54).Get off at

Nakashima station. Walk for 15 minutes.

- Take a Hiroshima Bus bound for Hiroshima Bus terminal station(via Fukawa).Get off at Nishikawakasei-mae. Walk for 5 minutes.
- Take a Japan railroad bound for Miyoshi(Geibi line).Get off at Shimofukawa. Walk for 15 minutes.
- Take a Japan railroad bound for Kabe(Kabe line).Get off at Nakashima. Walk for 15 minutes.

2-50-1 Fukawa, Asa-kita-ku, Hiroshima 739-1751
 TEL: (082) 843-4999
 FAX: (082) 843-4998
 Homepage: <http://www.sports-or.city.hiroshima.jp/>

Hours

9AM – 9PM

※Summer Time(Jul to Sep) 8:30AM – 9:30PM

Closed

Wednesdays, August 6, December 28 – January 4

For Individual Use

Please pay at the registration desk.

For Exclusive Use

The required forms must be submitted within the defined application period. The period begins 3 months before the applicant wishes to use the facilities and ends on the 10th of the month before the usage date.

For Everyone's Enjoyment of the Facilities

- Observe facility hours.
- Wear appropriate workout attire.
- Outdoor shoes cannot be worn in the building. Please prepare indoor shoes.
- Be respectful of the Center's equipment and use it properly.
- Clean the equipment you've used and return everything to its proper place.
- Eat and drink only in designated areas.
- Take all garbage with you.
- The Sports Center is not responsible for accident or theft in the building and parking areas. Please take appropriate

precautions.

- Those under the influence of alcohol will be refused entry.
- Those causing trouble or disrespecting others may be asked to leave.
- No smoking in the building, except in designated areas.
- Not all the instruments can be used for elementary and junior high school students.
- You need indoor shoes in this institution.
- Small children of 3 years and over have to use the small pool with their guardians in swimsuit.(To two children for each guardian.)
- Those who are not sure of swimming have to swim in the red spot.
- To keep the water quality,please put on swimming cap and take off your makeup and hairdressing in the shower.
- You must not bring any playthings and precious metals.
- For further information,please ask the attendants.

Fees

Category	Individuals: single-use		Individuals: book of single –use tickets (11)		Exclusive Use: per hour	
	Child	Adult	Child	Adult	Child	Adult
Large Gymnasium	¥150	¥260	¥1,500	¥2,600	¥3,390	¥5,950
Small Gymnasium	¥150	¥260	¥1,500	¥2,600	¥1,130	¥1,970
Training Room	¥310	¥540	¥3,100	¥5,400		
Indoor Pool	¥240	¥480	¥2,400	¥4,800		
Conference Rooms 1 & 2					¥440 per room	
Locker	¥100 per locker					

Training Room Registration

To increase basic physical strength, and build muscle and stamina, it is important to train with repetition and endurance according to a fitness program that meets the varying needs of age and strength. For those that feel out of shape lately, we have a support staff of specialists to ease your worries.

Facility Outline

- Opened: March 21, 1992
- Construction: Partly steel framed reinforced concrete 2
- Site Area: 19,019.56m²
- Total Floor Area: 9,393.88m²
- Capacity: 1,796 persons
- Parking Capacity: 319

First Floor

Parking
 Large Gymnasium
 Small Gymnasium
 Indoor Pool
 First Aid Room
 Men's & Women's Changing Rooms, Toilets
 Office
 Information
 Lounge/Kiosk
 Vending Machines

Second Floor

Training Room
 Conference Rooms(2)
 Indoor Running Course
 Men's & Women's Changing Rooms, Toilets
 Vending Machines

First Floor

Large Gymnasium 1,824m²(48m×38m)
 3Volleyball courts
 2Basketball courts
 10Badminton courts
 Table tennis, Gymnastics etc



Small Gymnasium 640m²(32m×20m)
 1Volleyball courts
 1Basketball courts
 4Badminton courts
 Table tennis, Gymnastics etc



Indoor Pool 350m²(25m×14m)
 Large Pool(25m×6course)
 1.2m-1.35m deep



Small Pool(8.5m×4.0m)
 0.6m deep



Second Floor

Training Room
 4Treadmills
 6Aerobikes
 Weight machines
 Free weights
 Relaxation machines
 Fitness measurement equipment



Conference Rooms
 2Rooms(capacity per room:30 people)
 Room-adjoining capability



Running Course(atop the Large Gymnasium)
 1 lap=200m

Large Gymnasium Audience Seats
 1,798 Seat capacity

Pool Audience Seats
 72 Seat capacity