

Hiroshima City Sports Association
Hiroshima City
Asaminami Ward Sports Center

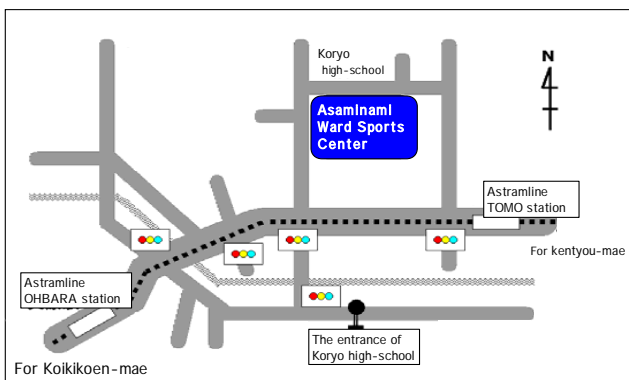


Address

4720-1 Tomo, Numata-cho, Asaminami-ku, Hiroshima
 731-3161
 TEL: (082) 848-2411
 FAX: (082) 848-2432
 Homepage: <http://www.sports-or.city.hiroshima.jp/>

Access

- Take a Hiroden Bus bound for Univ. Hiroshima-city. And get off the entrance of Koryo high-school.
- Take Astramline bound for Koikikoen-mae. And get off Tomo station. It takes about 8 minutes by foot from there.



Hours

9AM – 9PM (8:30AM – 9:30PM July to Sep)

Closed

Every Tuesday, August 6, December 28 – January 4

For Individual Use

Please pay at the registration desk.

For Exclusive Use

The required forms must be submitted within the defined application period. The period begins 3 months before the applicant wishes to use the facilities and ends on the 10th of the month before the usage date.

For Everyone's Enjoyment of the Facilities

- Observe facility hours.
- Wear appropriate workout attire.
- Outdoor shoes cannot be worn in the building. Please prepare indoor shoes.
- Be respectful of the Center's equipment and use it properly.
- Clean the equipment you've used and return everything to its proper place.
- Eat and drink only in designated areas.
- Take all garbage with you.
- The Sports Center is not responsible for accident or theft in the building and parking areas. Please take appropriate precautions.
- Those under the influence of alcohol will be refused entry.
- Those causing trouble or disrespecting others may be asked to leave.
- No smoking in the building, except in designated areas.
- You can use it for swimming or walking in water. Every season be open. Child for over 3years old. Child in kinder garden must play with your parent. You must get on swimming cap and swimming suit or swimming trunks. You can't bring any items without it.
- In case you use tennis court. You must make a reservation within the period. period ; before 2weeks ~

List of charge

Category	Individuals: single-use		Individuals: book of single-use tickets (11)		Exclusive Use: per hour	
	Child	Adult	Child	Adult	Child	Adult
Large Gymnasium	¥150	¥260	¥1,500	¥2,600	¥3,390	¥5,950
Small Gymnasium	¥150	¥260	¥1,500	¥2,600	¥1,130	¥1,970
Gymnasium of Judo or Kendo	¥150	¥260	¥1,500	¥2,600	¥1,130	¥1,970
Playground of Kyudo	¥150	¥260	¥1,500	¥2,600	¥2,260	¥3,970
Indoor Pool	¥240	¥480	¥2,400	¥4,800	¥4,970	¥9,940
Tennis Court					¥260	¥500
Training Room	¥310	¥540	¥3,100	¥5,400		
Conference Room					¥440	
Locker	¥100 per locker					

Training Room Registration

To increase basic physical strength, and build muscle and stamina, it is important to train with repetition and endurance according to a fitness program that meets the varying needs of age and strength. For those that feel out of shape lately, we have a support staff of specialists to ease your worries.



Facility Outline

First Floor

Office
 Large Gymnasium
 Small Gymnasium
 Play Ground of Kyudo
 Indoor Pool
 Training Room
 Men's & Women's Changing Rooms, Toilets
 Conference Rooms
 First Aid Room

Second Floor

Gymnasium of Judo or Kendo
 Men's & Women's Changing Rooms, Toilets
 Lounge/Kiosk
 Vending Machines

Tennis Court

Parking

First Floor

Large Gymnasium 1,530m² (45mx34m)

3 Volleyball courts
 2 Basketball courts
 10 Badminton courts
 Table tennis, *mini-tennis*

Pull-Out Seating

359 Seat capacity



Small Gymnasium 640m² (32mx20m)

1 Volleyball court
 1 Basketball court
 4 Badminton courts
 Table tennis, *mini-tennis*



Indoor Pool 350m² (25mx14m)

Large Pool (25mx6 course) 0.8m-1.4m deep
 Small Pool (10mx4.5m) 0.6m deep



Play Ground of Kyudo

Short(28m)



Long(60m)



Training Room

6 Treadmills
 8 Aerobikes
 Weight machines
 Free weights
 Relaxation machines
 Fitness measurement equipment



Conference Rooms 66m²

1 Rooms
 (capacity per room: 40 people)



Second Floor

Gymnasium of Judo or Kendo 450m² (30mx15m)

Judo court (15mx15m)
 Kendo court (15mx15m)



Tennis Court

1 tennis court (Clay court)



Parking

Parking Capacity : 140

