がいこくじんしゃん 外国人市民のための

Life in Hiroshima:

A Guide for International **Residents**

せいかっ **生 活 ガ イ ド ブ ッ ク**



The City of Hiroshima

令和2年(2020年)10月



これは、広島市のマーク(市章)です。 このマークがついているお知らせが 来たら、必ず内容を確認してください。

This symbol is the official emblem of the City of Hiroshima; be sure to read any notifications or information you receive bearing this mark.

Contents

Welcome to Hiroshima			
1	Eme	rgency Telephone Numbers	1
	1-1	Fire, Medical Emergencies, and Rescue Services	1
	1-2	Traffic Accidents and Crime	1
2	Usef	ul Information for Daily Life	2
	2-1	Garbage	2
	2-2	Water, Sewage, Electricity, and Gas	3
	2-3	Housing	4
	2-4	Mail	5
	2-5	Rules of the Road	5
3	Impo	ortant Paperwork	7
	3-1	Residency in Japan	7
	3-2	Registering Your Address	8
	3-3	Births, Deaths, Marriages, and Divorces	10
	3-4	Medical Insurance	12
	3-5	Long-Term Care Insurance	14
	3-6	Pensions	15
_	3-7	Tax	16
4		port Services	17
	4-1	What To Do When You Get Sick or Injured (Hospitals and Clinics)	17
	4-2	Health and Welfare	18
	4-3	Parenting (Childbirth/Childcare)	19
	4-4	Education	20
	4-5	Work	22
	4-6	Financial Difficulties	22
5		lying Japanese	23
6		ing Prepared for Natural Disasters	26
7		es to Get Useful Advice and Information	29
	7-1	Consultation Services	29
	7-2	Municipal Organizations	32
	7-3	Foreign Diplomatic Offices and International Organizations	35
	7-4	Afterhours Emergency Care	35
	7-5	Other Information	36
8		s and Symbols Used in Japan	38
9		sehold Waste Disposal Guidelines	40
10 Medical and Emergency Card for International Residents			47