

# Household Waste Disposal Guidelines

Put out household waste by 8:30 a.m. on the collection day.  
Note: Your collection days depend on where you live. Please confirm the collection days in your area.

**可燃ごみ Combustible Waste**  
Dispose of combustible waste in a strong paper bag or plastic bag (sandbags are not allowed).

**Twice a week**

Kitchen waste  
Non-recyclable paper waste  
Small pieces of wood/pruned branches  
Other

- Food waste, eggshells, seafood shells, etc.
- Short sticks and grass
- Cigarette butts
- Medicine, medicated patches
- Tissue paper, carbon paper, etc.
- Desiccants and deoxidizers
- Disposable diapers
- Pet litter, droppings, etc.
- Cushions and pillows with cotton filling

**不燃ごみ Non-Combustible Waste**  
Dispose of non-combustible waste in a strong plastic bag (sandbags are not allowed).


**Twice a month**

Ceramics  
Small electrical appliances (items not categorized as Large Waste)  
Other

- Leather bags
- Ceramics
- Heat-resistant glass
- Milky-white cosmetic bottles, nail polish bottles
- Razors
- Lighters (Empty lighters and place them in a separate bag.)
- Metal caps and lids
- Cold gels
- Aluminum foil
- Umbrellas, hot water dispensers and watches
- Incandescent light bulbs, disposable pocket warmers
- Small electrical appliances, such as irons and hair driers

**ペットボトル PET Bottles**  
Dispose of PET bottles in a transparent or semi-transparent plastic bag.

**Once a week**

\*Look for this symbol  PET

- PET bottles for beverages (soft drinks, tea, coffee, water, etc.)
- PET bottles for alcohol, mirin, vinegar, soy sauce, noodle dipping sauce (mentsuyu), and oil-free dressings.
- Caps and labels go in Recyclable Plastics.

**資源ごみ Recyclable Waste**  
Tie paper up with string. Place other recyclable waste in a strong bag (not a sandbag).


**Twice a month**

Paper (business card-sized or larger)  
Cloth  
Metals  
Glass

- Cloth bags
- Newspapers
- Cardboard
- Books, magazines, flyers, confectionery boxes
- Kitchen knives (Wrapped in newspaper or other material.)
- Old clothes, curtains, etc.
- Cans including 18-liter square cans (ittokan), oil cans, and spray cans (use up or empty them in a well-ventilated outdoor place far from fire), pots, frying pans, etc.
- Glass bottles and broken glass (Remove bottle caps.)
- Cosmetic bottles

**リサイクルプラ Recyclable Plastics**  
Dispose of PET bottles in a transparent or semi-transparent plastic bag.

**Once a week**

\*Look for this symbol 

[Plastic product containers and packaging]

- Bags and netting
- Polystyrene containers and packaging material
- Plastic bottles
- Plastic lids, caps, and labels
- Plastic wrap for food
- Plastic cups
- Tubes
- Supermarket checkout bags, etc.

**有害ごみ Harmful Waste**  
Be sure to place harmful waste in a different plastic bag (not a sandbag) from recyclable waste, and write "有害" ("harmful") on the bag.

**Twice a month**

Dry-cell batteries  
Fluorescent lights  
Mercury thermometers

- Dry-cell batteries, watch batteries
- Fluorescent lights
- Mercury thermometers, etc.

**その他プラ Other Plastics**  
Dispose of PET bottles in a transparent or semi-transparent plastic bag.

**Twice a month**

Plastics other than containers and packaging

- Vinyl bags
- Shoes, slippers, leather shoes and rain shoes
- Stuffed toys and plastic toys
- Dry cleaning bags
- CDs, DVDs, and their cases
- Kitchen wrap (remove the paper center), sponges
- Printer ink cartridges, plastic stationery products
- Cushions and pillows with sponge filling
- Plastic hangers

**大型ごみ (有料) Large Waste (paid service)**  
Make a reservation with the Large Waste Information Center Tel: 0570-082530

**Twice a month (Reservation required)**

Items subject to the Home Appliance Recycling Law, Furniture, Bedding, Other

- Items subject to the Home Appliance Recycling Law (air conditioners, TV sets, refrigerators, freezers, washing machines, homedriers)
- Futons, dressers, desks, plastic kerosene containers, bicycles, etc.

[What is considered Large Waste]

- Items whose longest length or diameter is at least 30cm
- Rod-shaped items whose longest length is at least 1m
- Board-shaped items whose longest length is at least 1m and that are easily folded
- All items subject to the Home Appliance Recycling Law

● Vacuum cleaners, microwave ovens, etc.